

## **The Amazing Herb - Berberine**

The herb Berberine has been used in its traditional role as an anti-microbial compound that has demonstrated effectiveness against a broad-spectrum of bacteria, yeasts, fungus, and parasites.

Two clinical studies, as well as anecdotal experiences of numerous practitioners, have shown that this versatile herb is very useful in supporting healthy blood sugar levels and significantly improving cholesterol profiles.

In the first study, Berberine intake was reported to be an effective anti-hyperglycemic agent. The results showed significant decreases in HbA1c (by 2%, Pb 0.01), fasting blood glucose (FBG) (by 3.8 mmol/L, Pb 0.01), and postprandial blood glucose (PBG) (by 8.8 mmol/L, Pb 0.01). The decrease in HbA1c with the use of Berberine was comparable with that of Metformin. That's a very impressive result!

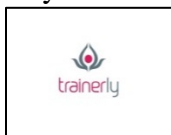
In the second study, Berberine (dosed at 500 mg BID for 3 months) was demonstrated to reduce serum cholesterol by 29%, triglycerides by 35% and LDL-cholesterol by 25%. The apparent mechanism was described as an increase in the production of a receptor protein in the liver, which binds LDL-cholesterol, preparing it for elimination. This data suggests Berberine can be an effective alternative to statins for supporting healthy cholesterol profiles.

Now you can enjoy the benefits with Berberine HCL. Please contact us if you'd like more information.

**Please review our business at:** [Yelp](#) [City Search](#) [Google +](#) [Angie's List](#)

Get proven strategies that will help you unleash your inner power! You can do it! CCFL works to heal, unite and empower individuals, families and communities, equipping them with the necessary tools to strengthen personal standards, ethics and values while, together, raising the next generation. Go to [Creating Champions For Life](#) and check it out.

Trainerly allows you to workout and exercise at your home, office, hotel room or pretty much anywhere in the world through live 2-way webcam. [Sign-up](#) for a class with me today. Use the promotional code "trainerly20" to save 20% off any service.



Your suggestions are appreciated to make our business better. Please take the survey by [clicking here](#) and provide your input.

Want to know your metabolic power? [Click Here](#) to find out if your metabolism is working for you or against you.

Do you know someone who might be interested in our products or services? [Click Here](#) to fill out our referral form and, as our way of saying thank you, you will receive \$15 off and of our products or services. We appreciate your support.

[Click Here](#) to sign-up for our e-mail list so can receive all of our articles & download your free copy of our Dietary Information e-book.

[Like us on Facebook](#)/[Connect with us on LinkedIn](#)/[Follow us on Twitter](#)  
[Follow us on Google+](#)/[Pinterest](#)

**(Hold down the Ctrl key & click the underlined words or logos)**  
**Make sure to forward to friends and followers.**