

## **What You May Not Know About Oregano Oil**

Designed specifically for bacterial infections, antibiotics are medical doctors' favorite tools against most issues that walk into their offices. But oregano oil benefits are proving to be superior to some antibiotics, without the harmful side effects.

Unfortunately, the antibiotics prescribed by most medical doctors today have horrendous side effects including: causing antibiotic resistance, destroying good bacteria (probiotics), reducing vitamin absorption, and damaging the digestive lining causing leaky gut.

The good news is there is an incredible natural alternative to prescription antibiotics and that is micro-emulsified oregano oil (Biotics [A.D.P®](#)). Oregano oil contains two powerful compounds of Carvacrol and Thymol that have powerful anti-bacterial and anti-fungal properties.

A member of the mint family (*Labiatae*), oil of oregano is found in the Mediterranean. Medicinal grade oregano is distilled to extract the oil and to preserve its healing compounds. Taking over 1000 pounds of wild oregano to produce just 1 pound of oregano oil, it has been precious commodity for over 2,500 years in folk medicine expanding the globe.

Biotics Research is widely recognized for its emulsified, fat-soluble nutrients, which have been micro-emulsified to increase absorption and bioavailability. This technology has been applied to the oil of oregano. By emulsifying oregano oil, the effective surface area of the oil in this patented product is dramatically increased. An additional step applies a sustained release mechanism, assuring a slow release throughout the digestive tract. The combined effect of emulsification and sustained release optimizes intestinal exposure to the essential oil.

### **Healing Benefits Include:**

- Gut Dysbiosis
- Toxic Bowel Syndrome
- Bacterial Infections
- Fungal Infections
- Parasites
- Viruses
- Inflammation
- Candida
- Fungus
- Allergies
- Tumors
- Upper Respiratory Infections

### **Published Study**

This past December, *Journal of Medicinal Food* published a study that evaluated the antibacterial activity of oregano oil against five different types of bad bacteria. After evaluating the antibacterial characteristics of oil of oregano, it showed significant antibacterial properties against all five species of harmful bacteria.

Increasingly, the highest activity was observed against E. Coli, which suggests that oregano oil should be routinely used to promote gastrointestinal health and to prevent deadly food poisoning.

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