

## **Keep Your Kids Healthy with Back-to-School Protocols**

No matter how many times you tell your kids to wash their hands and eat right, when they get back to school and around other kids who are sick, it's not a matter of if they and yourself get sick, but when. I probably sound like a broken record. As much as you'd like them to avoid coming home with snot, ear infections, sore throats, coughing , and fevers from their classmates, you can prepare and arm yourself with the following protocols to get them back up and running quickly.

### **Bronchitis (Infants/Young Children)**

1/4 tsp IAG™ powder  
½ tsp C/Cal/Mag™ powder  
1-2 capsules Neutrophil Plus®  
2 drops Bio-D-Mulsion®  
1 capsule NAC  
1-30 drops HR#9 Bacterial Detox

\*Double the amount for older children.

### **Ear Infection (Infant and Children)**

2-3 tsp IAG™ powder in acute phase  
1 tsp IAG™ powder in chronic phase  
1-2 capsules Bio-Immunozyme Forte™  
1-3 capsules Neutrophil Plus®  
3-9 tablets Bromelain Plus CLA™ between meals  
6 tablets Cytozyme-THY™  
2 tablets Cytozyme-Parotid-TS™  
1-2 capsules Immuno-gG®  
1 tablet Mn-Zyme™  
1 tablet Bio-C Plus 1000™  
1-2 tablet Zn-Zyme Forte™

\*Reduce protocol by half for infants less than 6 months of age.

### **Pneumonia (Children)**

3 tablets ADHS®  
6-9 tablets A.D.P®  
3-6 tablets Pneuma-Zyme™  
3-6 capsules Neutrophil Plus®  
3-6 capsules Bio Immunozyme Forte™  
1-2 drops Bio-D-Mulsion Forte®

## **Sore Throat (Children)**

1 tsp IAG™ powder

1 tsp C/Cal/Mag™ powder

1-2 Neutrophil Plus®

\*Same protocol at double the dose works well for fevers in children.

## **Vomiting (Children)**

1-6 tablets Lactozyme®

1-8 tablets Bio-6-Plus™

1-3 capsules Saccharomyces boulardii

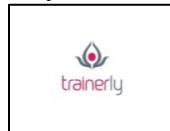
1-8 tablets Beta-TCP™

10-20 drops Super Phosphozyme™ Liquid as needed to control vomit response.

Our fingers are crossed that you don't need any of these protocols. However, if you do at least you'll have them accessible. Here's to beating the snot, ear aches, sore throat, coughs, and fevers this back-to-school season! Please contact us with any questions or for more information on any of the above products.

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