

## **New Year, New You!**

### ***Detoxing for your best year yet!***

Let's explore one of the healthiest and easiest ways to purify your body, add more spring in your step, center your mind, and get you ready to face the New Year with glowing positivism and confidence with Biotics' 3-Step Detox program.

## **Detox, Step One (Decrease Inflammation)**

### **For Acute Inflammation:**

[Intenzyme Forte](#)- Broad-spectrum proteolytic enzymes for digestive/systemic inflammation, tissue damage, free radical conditions, food sensitivities, and poor circulation due to inflammation and rehabilitation support.

[Bio-Allay](#) - Use for anti-inflammatory inhibition of 5-lipo-oxygenase, for inducing musculoskeletal comfort by alleviating pain, reducing swelling, enhancing joint flexion, and for support of neurological function in the modulation of inflammation. Not recommended for pregnant or lactating women.

### **For Chronic Inflammation:**

[Beta-TCP](#)- Organic, whole beet concentrate for proper gallbladder function (fat metabolism and detoxification through biliary support, including cholesterol-to-bile conversion), biliary stasis without constipation or light colored stools, reducing homocysteine, increasing S-adenosyl-L-methionine (SAME), need for methyl donors from betaine (trimethylglycine), bloating and constipation.

[Bromelain Plus CLA](#)- Lactose-free bromelain with papain, inositol, and cysteine for inflammation and digestive support.

## **Detox, Step 2 (Metabolic Cleansing)**

The second step in the detox program includes an easy to follow allergy elimination diet, providing you with enough nutrition to continue your normal lifestyle.

- [Bio-Detox Packs](#) - Comprehensive detoxification pack comprised of seven separate Biotics products: A.D.P.® (antimicrobial), Bromelain Plus CLA™ (proteolytic enzyme), Livotrit Plus™ (liver cleansing), Beta-TCP™ (biliary), Bio-Protect™ (antioxidant), Optimal EFAs® (essential fatty acid), and MCS-2® (metabolic clearing support). Not recommended for pregnant or lactating women.
- [NutriClear](#)- A hypoallergenic clearing formula from pea protein concentrate in powder form, to support hepatic detoxification and GI tract healing. Designed to support Phase 2 Detoxification pathways.
- [Whey Protein Isolate](#) - Produced by natural, ultra-low temperature microfiltration for preservation of biologically active proteins and a potent amino acid profile with no added

sugar or artificial flavors. Used for muscle growth and lean muscle retention (sports), weight management, detoxification, compromised immunity, metabolic health and fat loss enhancement.

- [Pea Protein Isolate](#) - Made from non-GMO yellow peas containing 25 grams of protein and one gram of carbohydrate. This product is gluten and dairy free, as well as having a very low allergy potential.

## Detox, Step 3 (Regeneration & Repair)

The final step in the detox program focuses on rebuilding cell malnourishment and joint damage. The diet and supplements in Step 3 are essential to maintain optimal wellness.

- [Optimal EFA Caps](#) - Blend of fish (anchovy and sardine), flax seed, and borage oils supplying ALA, EPA, DHA, GLA, and oleic acid in proper ratio for optimal health for use in free radical pathology and inflammatory conditions.
- [ProMulti-Plus](#) - High-potency vitamin, mineral, with high dose vitamins D, K, folic acid and B12, and a strong antioxidant blend. Not recommended for pregnant or lactating women.
- [BioDoph-7 Plus](#) - Prebiotics and probiotics providing more than 20 billion viable organisms for immune and intestinal support.

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