# **Leaky Gut**

Leaky gut, or intestinal permeability, is one of the leading causes of digestive strain. Caused by a variety of factors including psychological stress, food allergy or sensitivity, infection, parasites, bowel inflammation, and bacterial imbalance. This is a condition were the small intestine becomes structurally compromised allowing protein, bacteria, and other food particles to leak into the bloodstream. The body perceives these undigested food particles as poisonous invaders and alerts the immune system to attack them. This creates inflammatory reactions which can occur throughout the entire body. The real one-two punch of this condition is not only the strain on the body but also the difficulty to correct this problem; as most supplements are not absorbed properly due to the intestinal lining being compromised. The common symptoms associated with this condition are:

- Increasing frequency of food reactions
- Unpredictable food reactions
- Aches, pains, and swelling throughout the body
- Unpredictable abdominal swelling
- Frequent bloating and distention after eating
- Abdominal intolerance to sugars and starches

There is however hope. The following protocol has shown incredible results in as little as one month! Please contact us with any questions and comments.

#### **Leaky Gut Protocol**

- #1 Mix (2) scoops of NutriClear® and (2) scoops of Whey Protein Isolate with pure water or drink of choice. Take this twice per day between meals (such as 10am and 4pm).
- #2 Take (2) capsules of MCS-2® and (3) tablets of Beta-TCP<sup>TM</sup> twice per day.
- #3 Take (2) tablets of Gastrazyme<sup>TM</sup> three times per day with meals. Increase dose by (1) tablet every other day until the clients stool begins to turn green and then reduce.
- #4 Take (3) capsules of IPS® three times per day, approximately 15 minutes before meals.

### NutriClear®

Broad-spectrum, biologically active, hypoallergenic clearing formula from Pea Protein Concentrate for detoxification, gastrointestinal support, and weight management.

### Whey Protein Isolate

Casein-free, whey protein powder isolate, high in protein, low in carbohydrates, with natural biologically active Immunoglobulin, Lactoferrin, and Glycomacropeptides. Used for detoxification, glucose metabolism, hepatobiliary, and protein support.

## MCS-2®

Multiple nutrient vitamin, mineral, trace element, glandular (parotid), amino acid, quercetin, and propreitary herbal blend of Red Clover, Burdock, Culver's root, Milk Thistle, Lycium Berry, Cleavers, and Dandelion. Used as a metabolic clearing formula. **Caution**: Not recommended for pregnant or lactating women.

#### **Beta-TCP**

Supplies 100 mg of organic whole beet source combined with pancrelipase, taurine, and vitamin C. Beta-TCP<sup>TM</sup> has been the supplement of choice for practitioners supporting biliary motility. Those who burp up fish oil, have trouble digesting fats, or have thick bile will benefit from this product.

#### Gastrazyme

Gut healing formula with vitamin A from natural mixed carotenoids, gamma oryzanol from rice bran oil, chlorophyllins from mulberry, vitamin U complex from cabbage juice, and the antioxidant enzymes Superoxide Dismutase and Catalase.

## **IPS®**

Broad-spectrum, proprietary, intestinal permeability formula including Jerusalem Artichoke, L-Glutamine, Lamb Intestine Concentrate, Tillandsia, Glucosamine Sulfate, Gamma Oryzanol, L-Gluthathione, and Cellulase.

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